

Course:	Paediatric	Scheme Title:	Day 1	Session No's:	1 -16
Day:	1	Trainer:	Bradley Marsh	Duration:	6 contact Hours
Time	Session Title	Objectives			
09.00 - 09:20	Introduction	<ul style="list-style-type: none"> <li>Understand the purpose of attending the course</li> </ul>			
09:20 - 09:30	Aims of First aid	<ul style="list-style-type: none"> <li>Define the term first aid</li> <li>List the aims of first aid</li> </ul>			
09:30 - 09:50	First aid in the workplace	<ul style="list-style-type: none"> <li>List the regulations that are associated with first aid in the workplace</li> <li>List the details required in an accident book</li> <li>List the contents of a first aid container</li> </ul>			
09:50 - 10:15	Responsibilities of the first aider	<ul style="list-style-type: none"> <li>List the responsibilities of the first aider</li> <li>Define the term triage</li> <li>Define the term Diagnosis</li> </ul>			
10:15 - 10.30	Casualty communication	<ul style="list-style-type: none"> <li>List the key elements of effective casualty communication</li> </ul>			
10.30- 10:45	Break				
10:45 - 11:15	Primary Assessment	<ul style="list-style-type: none"> <li>List the sequence for the primary assessment</li> <li>Demonstrate the primary assessment</li> </ul>			
11:15 - 11:45	Secondary assessment	<ul style="list-style-type: none"> <li>Demonstrate the Secondary assessment</li> <li>Demonstrate the Recovery Position</li> <li>Demonstrate the unconscious casualty management</li> </ul>			
11.45- 12:00	Respiratory System	<ul style="list-style-type: none"> <li>Explain the respiratory system</li> </ul>			
12:00 - 13:00	Resuscitation	<ul style="list-style-type: none"> <li>Demonstrate chest compressions</li> <li>Demonstrate rescue breaths</li> <li>Demonstrate the Resuscitation protocol</li> </ul>			
13:00 – 14:00	Lunch				
14.00- 14:10	Breath holding attacks	<ul style="list-style-type: none"> <li>List causes of breath holding attacks</li> <li>List signs and symptoms</li> <li>Explain the treatment of breath holding</li> </ul>			
14:10 - 14:25	Asthma	<ul style="list-style-type: none"> <li>List causes of Asthma</li> <li>List signs and symptoms of Asthma</li> <li>Explain the treatment of Asthma</li> </ul>			
14:25 - 14:45	Choking	<ul style="list-style-type: none"> <li>List causes of choking</li> <li>List signs and symptoms of choking</li> <li>Explain the treatment of Choking</li> </ul>			
14:45 - 14:55	Hyperventilation	<ul style="list-style-type: none"> <li>List causes of hyperventilation</li> <li>List signs and symptoms of hyperventilation</li> <li>Explain the treatment of hyperventilation</li> </ul>			
14:55 - 15:05	Drowning	<ul style="list-style-type: none"> <li>List types of drowning</li> <li>List signs and symptoms of drowning</li> <li>Explain the treatment of drowning</li> </ul>			
15:05 - 15:15	Croup	<ul style="list-style-type: none"> <li>Explain what croup is</li> <li>Explain treatment of croup</li> </ul>			
15.15- 15:30	Break				
15:30 - 16:30	Wounds and Bleeding	<ul style="list-style-type: none"> <li>List the causes and types of bleeding</li> <li>Demonstrate the treatment of bleeding</li> <li>Explain the recognition and treatment of internal bleeding</li> </ul>			

Course:	Paediatric	Scheme Title:	Day 2	Session No's:	1 - 16
Day:	2	Trainer:	Bradley Marsh	Duration:	6 contact Hours
Time	Session Title	Objectives			
09:00 - 0930	Review	<ul style="list-style-type: none"> <li>• Review previous sessions</li> <li>• Achieve at least 7 correct answers on recap paper 1</li> </ul>			
09:30- 10:00	Shock	<ul style="list-style-type: none"> <li>• List 3 causes of shock</li> <li>• List signs and symptoms of shock</li> <li>• Explain treatment of shock</li> </ul>			
10:00 – 10:15	Anaphylaxia	<ul style="list-style-type: none"> <li>• Explain the definition of anaphylactic shock</li> <li>• List the signs and symptoms of anaphylactic shock</li> <li>• Explain the treatment of anaphylactic shock</li> </ul>			
10:15 – 10:30	fainting	<ul style="list-style-type: none"> <li>• Explain the definition of fainting</li> <li>• List the signs and symptoms of a faint</li> <li>• Explain the treatment of fainting</li> </ul>			
10:30 – 10:45	Break				
10:45 – 11:45	Head injuries	<ul style="list-style-type: none"> <li>• List the causes, signs, symptoms and treatment of concussion</li> <li>• List the causes, signs, symptoms and treatment of compression</li> <li>• List the causes, signs, symptoms and treatment of skull fracture</li> </ul>			
11:45 – 12:00	Meningitis	<ul style="list-style-type: none"> <li>• List the causes of meningitis</li> <li>• Explain the methods of transference</li> <li>• List the signs and symptoms of meningitis</li> <li>• Explain the treatment for meningitis</li> </ul>			
12:00- 12:20	Infantile convulsions	<ul style="list-style-type: none"> <li>• List the causes of infantile convulsions</li> <li>• Explain the treatment of infantile convulsions</li> </ul>			
12:20 – 12:40	Epilepsy	<ul style="list-style-type: none"> <li>• Explain the recognition and treatment of minor epilepsy</li> <li>• List the trigger factors of major epilepsy</li> <li>• Explain the signs and symptoms of major epilepsy</li> <li>• Explain the treatment of major epilepsy</li> </ul>			
12:40 – 13:00	Diabetes	<ul style="list-style-type: none"> <li>• List the causes, signs, symptoms and treatment of hypoglycaemia</li> <li>• List the causes, signs, symptoms and treatment of hyperglycaemia</li> </ul>			
13:00 – 14:00	Lunch				
14:00 – 15:00	Burns	<ul style="list-style-type: none"> <li>• List 6 causes of burns</li> <li>• List causes of burns within there work environment</li> <li>• Describe 3 depths of burns</li> <li>• Explain the treatment of burns</li> <li>• Explain the treatment of electrical burns, chemical burns, burns to the airway.</li> </ul>			
15:00 – 15:15	Poisons	<ul style="list-style-type: none"> <li>• Define the term poison</li> <li>• Explain the routes of entry</li> <li>• List signs and symptoms of poisons</li> <li>• Explain the treatment of poisons</li> </ul>			
15:15 – 15:30	Break				
15:30 – 16:30	Bones joints and muscle injuries	<ul style="list-style-type: none"> <li>• List 4 types of bone, joint and muscle injuries</li> <li>• Explain the recognition and treatment of Sprains and Strains</li> <li>• List the causes and types of fracture</li> <li>• Demonstrate the treatment of fractures</li> <li>• Explain the recognition of dislocations</li> <li>• Demonstrate the treatment of fractures</li> </ul>			