

Course:	AED Operator	Scheme Title:	Day 1	Session No's:	1-9
Day:	1	Trainer:	Bradley Marsh	Duration:	4 Hours contact time
Time	Session Title	Objectives			
09:00 - 09:10	Introduction	<ul style="list-style-type: none"> • Introduce myself and others – icebreaker • Understand the purpose of attending the course • Complete student registration forms and course register 			
09:10 - 09:30	Primary Assessment	<ul style="list-style-type: none"> • List 3 types of danger • List the 5 points of a primary assessment • Demonstrate the primary assessment 			
09:30 – 09:50	Recovery Position	<ul style="list-style-type: none"> • List 3 causes of unconsciousness • Explain 3 reason why the recovery position is used • Demonstrate an effective recovery position 			
09:50 - 10:30	Resuscitation	<ul style="list-style-type: none"> • Explain the aim of resuscitation • Demonstrate chest compressions • Demonstrate rescue breaths • Demonstrate the Resuscitation Protocol 			
10.30- 10:45	Break				
10:45 – 10:55	Heart Attack	<ul style="list-style-type: none"> • Define a heart attack • List 5 signs and symptoms of a heart attack • List 3 treatments of a heart attack • List one recognition feature of cardiac arrest (no breathing) 			
10:55 - 11:10	Chain of survival	<ul style="list-style-type: none"> • List the 4 elements in the chain of survival • Explain the meaning of each link and its significance 			
11:10 - 12:00	Defibrillation	<ul style="list-style-type: none"> • Explain how defibrillation works in relation to re-starting the heart • Define fibrillation and defibrillation • Demonstrate use of an AED • Explain the hand over and clean-up procedures 			
12:00 - 12:15	Defibrillation safety	<ul style="list-style-type: none"> • List safety implications when using a defibrillator 			
12:15 – 1315	Assessment process	<ul style="list-style-type: none"> • Achieve 18 or more out of 24 on the assessment paper • Demonstrate prompt safe and effective CPR • Demonstrate the safe and effective use of an AED 			
13:15 – 13:30	Course review	<ul style="list-style-type: none"> • Feedback forms • Discussion on content • Issue of attendance certificates 			